FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549	
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STATEMENT	OF CHA	NGES IN	BENEFICI	AL OW	NERSHIP

	OMB APPROVAL							
	OMB Number: 3235-0287							
∥ ∈	Estimated average burden							
h	ours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Freeman Jennifer					2. Issuer Name and Ticker or Trading Symbol Pennant Group, Inc. [PNTG]					(Che	elationship o ck all application Director	able)	Person(s) to Issue 10% Ow Other (sp	ner	
(Last) (First) (Middle) C/O THE PENNANT GROUP, INC. 1675 EAST RIVERSIDE DRIVE, SUITE 150					3. Date of Earliest Transaction (Month/Day/Year) 02/28/2023						below)			below)		
(Street)	II		83616	4						6. Inc	Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(S	tate)	(Zip)	\	0.		A	id Di		f D	-6:-:-!!	. 0				
1. Title of Security (Instr. 3) 2. Trans: Date (Month/L				Transacti ate Ionth/Day	Day/Year) Execution Date, if any (Month/Day/Year) Transaction Code (Instr. 8) Disposed Of (D) (Instr. 3, 2			d (A) or r. 3, 4 and Price	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		6. Owner Form: Di (D) or Ind (I) (Instr.	irect li direct E 4) C	. Nature of ndirect deneficial ownership nstr. 4)			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		g., puts	transaction ode (Instr. Acquired (A) or Disposed of (D) (Instr. 4 and 5)				7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) Amount or Number of Shares		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	y Di or (I)	o). wnership orm: irrect (D) · Indirect (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
Stock Option (right to buy)	\$15.02	02/28/2023		A		10,000(1)		02/28/2024	02/28/2033	Common Stock	10,000	\$0	10,000		D	

Explanation of Responses:

1. These shares vest in five equal annual installments beginning February 28, 2024.

Remarks:

/s/ Kirk Cheney, as attorney-in-

fact

** Signature of Reporting Person

03/02/2023

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.