SEC Form 4	
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(City)

### FORM 4

(State)

(Zip)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Person

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).		ENT OF CHANGES IN BENEFICIAL OWNI ed pursuant to Section 16(a) of the Securities Exchange Act of 1934	OMB Number: 3235-0287 Estimated average burden hours per response: 0.5		
		or Section 30(h) of the Investment Company Act of 1940		G	
1. Name and Address of Reporting Person Lamb Scott E	n*	2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>Pennant Group, Inc.</u> [ PNTG ]	5. Relationship of F (Check all applicat X Director	Reporting Person(s) to Issuer ble) 10% Owner	
(Last) (First) C/O THE PENNANT GROUP, IN	(Middle) C.	3. Date of Earliest Transaction (Month/Day/Year)     10/01/2019	Officer (gi below)	vive title Other (specify below)	ý
1675 EAST RIVERSIDE DRIVE	SUITE 150	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joir Line)	int/Group Filing (Check Applicab	le
(Street)			X Form filed	d by One Reporting Person	
EAGLE ID	83616		Form filed	d by More than One Reporting	

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
		Code V		Amount	(A) or (D)	Price	<ul> <li>Reported</li> <li>Transaction(s)</li> <li>(Instr. 3 and 4)</li> </ul>		(1130.4)

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option (right to buy)	\$15.09	10/01/2019		A		5,000		(1)	10/01/2029	Common Stock	5,000	\$0.00	5,000	D	

Explanation of Responses:

1. Options granted on October 1, 2019 under The Pennant Group, Inc. 2019 Omnibus Incentive Plan. The options vest in three equal annual installments beginning on the first anniversary of the date of the grant.

#### Remarks:

### <u>/s/ Derek J. Bunker, as</u> <u>attorney-in-fact</u>

10/03/2019

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Date