FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT O	F CHANGES IN	BENEFICIAL	<b>OWNERSHIP</b>

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Gochnour John J</u>				2. Issuer Name and Ticker or Trading Symbol Pennant Group, Inc. [ PNTG ]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner					
(Last)	`	rst) T GROUP, INC.	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 08/22/2023						X Officer (give title Other (specify below)  Chief Operating Officer				
1675 EAST RIVERSIDE DRIVE, SUITE 150				4. If Amendment, Date of Original Filed (Month/Day/Year)				Line	6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person						
(Street) EAGLE	ID	)	83616								2	_	led by More	Reporting Persethan One Rep	
(City)	(Si	·	(Zip) D <b>le I - Non-</b> l	[	Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.										
1. Title of Security (Instr. 3) 2. Transar Date			2. Transacti	Execution Date,		3. Transaction Code (Instr. 8)  3. Disposed Of (D) (Instr. 3, 5)		d (A) or	5. Amour Securitie Beneficia Owned F Reported	nt of 6. O es Formally (D) (Sollowing (I) (I	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
						Code V	Amount	(A) or (D)	Price	Transacti (Instr. 3 a	ion(s)		(Instr. 4)		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	erivative   Conversion   Date ecurity   or Exercise   (Month/Day/Year)   if any   Conversion   Date		Code	ransaction Derivative ode (Instr. Securities		e s I (A) sed str.	6. Date Exercisable and Expiration Date (Month/Day/Year)  (Month/Day/Year)  7. Title and Amount of Securities Underlying Derivative Securities (Instr. 3 and 4		f g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownersh Form: Direct (D or Indire (I) (Instr.	Beneficial Ownership ct (Instr. 4)		
				Code	· v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	11(3)	
Stock Option (right to buy)	\$12.52	08/22/2023		A		7,000 <sup>(1)</sup>		08/22/2024	08/22/2033	Common Stock	7,000	\$0	7,000	D	

## Explanation of Responses:

1. These shares vest in five equal annual installments beginning August 22, 2024.

## Remarks:

/s/ Kirk Cheney, as attorney in

08/24/2023

<u>fact</u>

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.