FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(b) of the Investment Company Act of 1940

| | | | | | - | | | | | | | | | | | | | 1 | |
|---|---|-------|---------|--|--|--|--|--------|----------|--|---------------------------|--|--|--|---|--|--|------|--|
| 1. Name and Address of Reporting Person [*] Lamb Scott E | | | | | | 2. Issuer Name and Ticker or Trading Symbol Pennant Group, Inc. [PNTG] | | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | | | |
| | | | | | · | | | | | | | | _ | Direc | tor | | 10% O\ | wner | |
| (Last) (First) (Middle) | | | | 3. Date of Earliest Transaction (Month/Day/Year) 07/17/2023 | | | | | | | | | Office below | er (give title v) | | Other (below) | specify | | |
| C/O THE PENNANT GROUP, INC. | | | | | | | | | | | | | | | | | | | |
| | | | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | | 6. Individual or Joint/Group Filing (Check Applicable Line) | | | | | |
| 1675 EAST RIVERSIDE DRIVE, SUITE 150 | | | | | | | | | | | | | 1 '' | X Form filed by One Reporting Person | | | | | |
| · | | | | | | | | | | | | | | Form filed by More than One Reporting | | | | | |
| (Street) | | | | | | | | | | | | | Person | | | | | | |
| EAGLE ID 83616 | | | | | | | | | | | | | | | | | | | |
| | | | | | Rule 10b5-1(c) Transaction Indication | | | | | | | | | | | | | | |
| (City) (State) (Zip) | | | | | | | | | | | | | | | | | | | |
| | | | | | Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10. | | | | | | | | | | | | | | |
| | | | | | | | | | | | | (-) | | | | | | | |
| | | Table | l - Noi | n-Derivat | ive Se | ecurit | ies Acq | uired, | Dis | osed of | i, or l | Ben | eficial | ly Owr | ned | | | | |
| 1. Title of Security (Instr. 3) 2. Transact Date (Month/Day | | | | Execution Date, | | 3.4. Securities AcquiTransactionDisposed Of (D) (InCode (Instr.and 5) | | | | | Securi Benefi Owned | 5. Amount of Securities Beneficially Owned Following | | n: Direct or rect (I) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | | | |
| | | | | | | | Code | v | Amount | (A (D | () or)) | Price | Reported | | | | (1150.4) | | |
| Common Stock 07/17/2 | | | | | 023 | | A | | 1,500(1) | , | A | \$ <mark>0</mark> | 2 | 8,635 | | D | | | |
| | | | | | 1,000 H | | | -0,000 | | | | | | | | | | | |
| Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | tive Conversion Date Execution or Exercise (Month/Day/Year) if any | | | Date, Transaction Code (Instr. | | i. Aumber of Securities Acquired A) or Disposed of (D) Instr. 3, 4 und 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and | | Di Se (li | Price of erivative ecurity Istr. 5) | 9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4) | ily I | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) | | |
| | | | | | | | | | | | | Amc or Num | | | | | | | |

Date Exercisable Expiration Date

Explanation of Responses:

1. These shares vest in three annual installments beginning July 17, 2024.

Remarks:

<u>/s/ Kirk Cheney, as attorney in</u> 07/19/2023 fact

** Signature of Reporting Person Date

of Shares

Title

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code

V (A) (D)

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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OMB Number: 3235-0287 Estimated average burden hours per response: 0.5