FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington,	D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

OMB APPROVAL									
OMB Number: 3235-0287									
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Stringfield JoAnne					2. Issuer Name and Ticker or Trading Symbol Pennant Group, Inc. [ PNTG ]									ationship of Reporti k all applicable) Director		10% Ow		vner
(Last) (Fir C/O THE PENNAN 1675 EAST RIVER	T GROUP, INC		150		3. Date of Earliest Transaction (Month/Day/Year) 10/24/2022								below	ficer (give title low)		Other (	specify	
(Street) EAGLE ID	8	Zip)		4. If <i>I</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)  6. Individual or Joint/Group Filing (Line)  X Form filed by One Report Form filed by More than O									orting Pers	on			
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year		Execution Date,		3. Transaction Code (Instr. 8)		Disposed C	curities Acquired (A) sed Of (D) (Instr. 3,			5. Amo Securit Benefic Owned	ies cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						Code	v	Amount	(A) (D)	Pri	ce	Transa	ction(s) and 4)			(111301. 4)		
Common Stock 10/2				2022				S		285(1)	D	\$1	0.89	8	3,610		D	
Common Stock 10/25			10/25/2	2022				S		190(1)	90 <sup>(1)</sup> D		0.81	1 8,420			D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)  2. Conversion or Exercise Price of Derivative Security	titve Conversion or Exercises (Month/Day/Year) Execution Date, if any (Month/Day/Year) Execution Date, if any (Month/Day/Year)		ion Date,	n Date, Transaction Code (Instr.		of Deriv	r osed ) r. 3, 4	6. Date Exerc Expiration Da (Month/Day/V		ite	7. Title and Amount of Securities Underlying Derivative Security (Insti 3 and 4)		De Se (In:	Price of rivative curity str. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Own Form Direct or In (I) (Ir	10. Dwnership Form: Direct (D) or Indirect I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	or Number of Shares						

## planation of Responses:

1. This transaction was effected pursuant to a Rule 10b5-1 trading plan.

## Remarks:

/s/ Derek J. Bunker, as attorney-in-fact

10/26/2022

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.