## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

eck this box if no longer subject to ction 16. Form 4 or Form 5 lications may continue. See	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
Instruction 1(b).	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL OMB Number:

Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 19	934
or Section 30(h) of the Investment Company Act of 1940	

1. Name and Address of Reporting Person* Stringfield JoAnne				2. Issuer Name and Ticker or Trading Symbol Pennant Group, Inc. [ PNTG ]									5. Re (Cheo X	ck all appli	,					
	E PENNAN	T GROUP, INC				3. Date of Earliest Transaction (Month/Day/Year) 10/01/2019									Officer below)	(give title		Other (s below)	specify	
1675 EAST RIVERSIDE DRIVE, SUITE 150					4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) EAGLE	ΙD	) {	33616											X	n rting					
(City)	(Si	tate) (	Zip)																	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				Execution			Date	Code (II					Securitie Benefici	ecurities eneficially wned Following		n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
								Code	v	Amount	(A) o (D)	(A) or (D) Price		Transact	action(s) . 3 and 4)			(11150.4)		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date, ecurity or Exercise (Month/Day/Year) if any			ransa Code (I		of		6. Date Exercisable a Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Sec (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	i lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
				С	Code	V	(A)	(D)	Date Exercisable		xpiration ate	Title	Amou or Numb of Share	oer						
Stock Option (right to buy)	\$15.09	10/01/2019			A		5,000		(1)	1	0/01/2029	Common Stock	5,00	00	\$0.00	5,000		D		

## **Explanation of Responses:**

1. Options granted on October 1, 2019 under The Pennant Group, Inc. 2019 Omnibus Incentive Plan. The options vest in three equal annual installments beginning on the first anniversary of the date of the grant.

## Remarks:

/s/ Derek J. Bunker, as attorney-in-fact

10/03/2019

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.